

# The Six Voices of Shame

February 10, 2019

- ❶ Shame says, “I am \_\_\_\_\_ with myself.” Luke 14:9; 29-30
- ❷ Shame says, “I am \_\_\_\_\_ within myself.” Exodus 3:11; Judges 6:15; 1 Timothy 4:12
- ❸ Shame says, “I feel \_\_\_\_\_ or abandoned.” Psalm 22:1; 27:9-10
- ❹ Shame says, “I am \_\_\_\_\_ by others.” Jeremiah 9:19; Nehemiah 1:3
- ❺ Shame says, “I am somehow \_\_\_\_\_.”
  - \_\_\_\_\_ defective – 1 Samuel 1:6
  - \_\_\_\_\_ defective – 1 Samuel 21:13-15
  - \_\_\_\_\_ defective – Matthew 9:11
  - \_\_\_\_\_ defective – 1 Corinthians 12:1
- ❻ Shame says, “I have been \_\_\_\_\_.” 2 Samuel 13:13, 19-20

Let Jesus heal you and make you \_\_\_\_\_ on the inside!